



Small-Sided Games: Passing & Possession

Category: Tactical: Possession
Difficulty: Moderate

The Soccer Coach Academy, California, United States
of America
Individual-Young Member

Description

Small-Sided Games: Possession

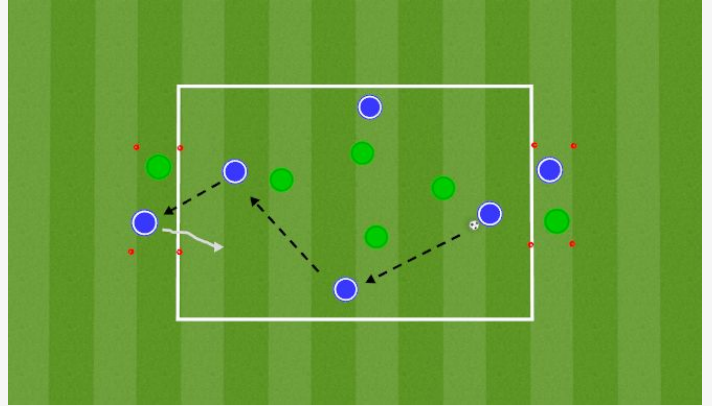
#1

Organization: 40 x 30 grid, 6 v 6,

Activity: One player from each team is positioned in each end zone and play unopposed. When a player passes into his teammate in either end zone, he runs into the end zone and the receiving player dribbles into the central area.

Progressions:

- 1) Players do wall pass with end zone player, for end zone player to join possession team.
- 2) Opposing players in end zones can defend competitively.



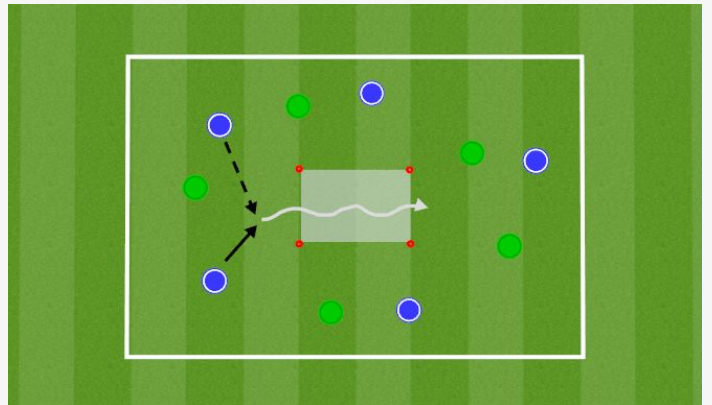
#2

Organization: 40 x 20 outer grid, smaller 10 v 5 inside grid.

Activity: Team in possession passes to keep the ball and score by passing it through the box in the center to a teammate on the otherside.

Progressions:

- 1) Run the ball through the square
- 2) Dribble or pass through to score
- 3) Add a player in the middle of the square who the team plays to and then receives the ball back from



#3

Organization: 45 x 25 grid, 4 v 4, two goals, two goalkeepers, no offsides.

Activity: One team starts on the pitch and passes the ball to keep possession. On the coach's signal, the team on the outside must race onto the pitch and try to win the ball and then score on either goal. The pressuring team has 30 seconds to win the ball and score a goal, if they fail, then the passing team gets awarded the goal. Rotate the teams.

If the ball leaves play, the coach has a few re-start options:

- 1) The coach passes a new ball onto the pitch
- 2) The players make a pass in
- 3) The players dribble in

Progressions:

- 1) The passing team can use the goalkeepers to keep possession.
- 2) Shorten or lengthen the amount of time for the possession team to score.

